November 2012

Number 29

Dates to Remember!!!

Master Fu Tournament Avlmer Quebec Saturday 24 Nov

Christmas Party Saturday Dec 1st O'Brien's Movie Theatre, Amprior 0900

Colour Belt Test Saturday Dec 8th

Holiday Break No Class 22 Dec Return 03 Jan 13







Vewsletter

The Hwarangdo

Prior to the

Silla was

constantly

other two

unification of the

little kingdom of

attacked on all its

kingdoms as well

AD, the 24th king of

Silla, named Chin-Hung,

created an elite group of

kingdom. This group of

warriors was called the

Hwa rangdo, meaning

manhood'. They were

called this because the

boys, aged 12-18, who

were usually from noble

As warriors, in order to

protect their homeland,

coldest months and run

up rugged mountains to

better train their bodies

Hwarang did not only

train their bodies, but

would study subjects

for combat and war. The

also their mind and their

manners. To do this, they

such as dance and song,

literature, art, sciences

and military tactics.

they would swim in turbulent rivers in the

warriors were young

families.

'the way of the flowering

warriors to protect the

as Japan. In 576

borders by the

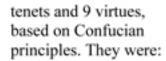
three kingdoms in Korea, the





The Hwarang were well known for their many skills, such as their amazing skill with a bow and lack of fear in battle, but they became most famous for their martial arts skills. They studied an art similar to modern day Taekwon-do called Soo Bak-Gi. The Hwarang perfected this art so well that soldiers fighting against them thought that their hands and feet actually became swords. There are even rumours of Hwarang warriors killing a man sitting on a horse with a single kick (that's about 8

Along with this martial art similar to Taekwon-do, they also had a code of conduct or moral code similar to our oath and tenets. The Buddhist monk and scholar Won Kang, created the oath, which consisted of 5



- Be loyal your king.
- Be obedient to your parents.
- Be honourable to your friends.
- 4. Never retreat in battle.
- Justice in killing (don't kill without good reason).

The 9 virtues were:

- humanity,
- justice,
- courtesy,
- wisdom,
- trust,
- goodness,
- virtue,
- loyalty,
- courage.

Some noted Hwarang

included Kwan Chang

who gave his life at the or 9 feet high!). age of 16 after fighting bravely in battle. Another is General Kim Yoosin, who played a major role in the taking of the kingdom of Baekje and will be covered in the next article.



Sparks TKD Xmas Party



O'Briens Movie Theatre, Arnprior
Starting at 0900 Dec 1st, 2012
Movie: Rise of the Guardians!
Bring family and friends
See Mrs. Sparks for tickets. \$5.00/ticket

Tuesday Evening		Thursday Evening
6:15 PM	Little Dragons - Children 7 and under	Little Dragons - Children 7 and under
7:00 PM	Juniors - 8 -12 White to Green Belt	Juniors - 8-12 White belt to Green Belt
7:45 PM	Intermediate - 8-12 Blue Belt and up	Intermediate - 8-12 Blue Belt and up
8:30 PM	Senior - Ages 13 to Adult - All Levels	Senior - Ages 13 to Adult - All Levels

Saturday Morning Schedule		
LITTLE DRAGONS - Children 7 and under		
PATTERNS CLASS - White Belt to Green Belt - All Ages		
SPARRING SKILLS CLASS - Children 12 and under		
PATTERNS CLASS - Blue Stripe to Black Belt - All Ages		
SPARRING SKILLS CLASS - Ages 13 to Adult		

Little Dragons will not be permitted in later classes on Saturday Mornings. You MUST attend the classes appropriate to your Belt level and age.